

HYPOGLYCAEMIA

LOW

Blood Glucose Level < 4.0mmol/L

**DO NOT LEAVE CHILD UNATTENDED
DO NOT DELAY TREATMENT**

Signs and symptoms

Note: Symptoms may not always be obvious.
Pale, headache, shaky, sweaty, dizzy, drowsy, changes in behavior.

Child conscious
(Able to eat hypo food)

**Child unconscious/
drowsy**
(Risk of choking/unable to swallow)

Step 1: Give fast acting carb
(As supplied or listed on management plan)
If BGL < 2.0 suspend pump

First Aid DRABC
Stay with unconscious child.
Suspend pump.

Step 2: Recheck BGL after 15 mins
If BGL < 4.0 repeat Step 1
If BGL > 4.0 go to Step 3

**CALL AN
AMBULANCE
DIAL 111**

Step 3: Give sustaining carb
If starting BGL was:
Between 2.0 - 4.0 no follow-up carb required
< 2.0 give sustaining carb as supplied and restart pump

Contact parent/guardian
When safe to do so

PARENT / GUARDIAN NAME _____

CONTACT No _____

EARLY CHILDHOOD EDUCATION AND CARE SETTING

Insulin pump

Use in conjunction with management plan

DIABETES ACTION PLAN 2017



Photo of child

CHILD'S NAME

CENTRE

INSULIN

The insulin pump continually delivers insulin. The pump will deliver insulin based on carb and BGL entries. All BGLs must be entered into pump*

Button pushing: Full assistance required

ROUTINE BGL CHECKING TIMES

- Anytime, anywhere in the centre
- Prior to lunch and other times as per management plan
- Anytime hypo is suspected
- Prior to planned activity

PHYSICAL ACTIVITY

- 1 serve sustaining carb before every 30 mins of planned activity (**no bolus**)
- Vigorous activity should **not** be undertaken if BGL > 15.0 and blood ketones are > 0.6
- Usual play time doesn't usually require additional action, but check with parent/guardian about this

*DO NOT ENTER BGL into pump within 1 hour of completing activity (see management plan)

AP Pump ECEC NZ

HYPERGLYCAEMIA

HIGH

Blood Glucose Level > 15.0mmol/L

HIGH BGLS ARE NOT UNCOMMON

Signs and Symptoms

Note: Symptoms may not always be obvious. Some could be: increased thirst, increased urine production, poor concentration, irritability, lethargy.

IF UNWELL (EG VOMITING) CONTACT PARENTS TO COLLECT CHILD

Check Blood Ketones

Blood ketones > 0.6 requires immediate treatment

Blood Ketones
< 0.6

Blood Ketones
> 0.6

Correction bolus
Recheck BGL in 2 hrs

Correction bolus
Potential line failure.
Contact parent/guardian for further advice.

BGL < 15 indicates line is working

BGL > 15

May need injected insulin and line change.

DATE _____

HOSPITAL _____

TREATING DNS _____

CONTACT No _____